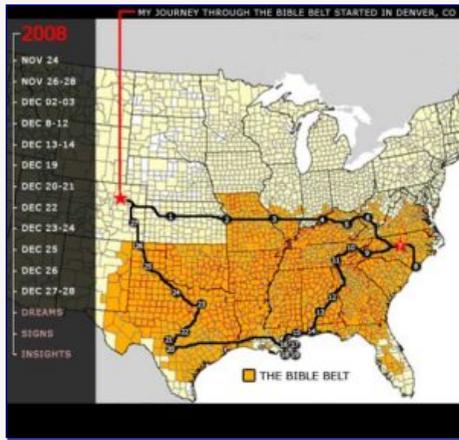


My Journey Through The Bible Belt



The following **dreams** took place between November 17 - December 28, 2008.

11/17/08 | Denver - I dreamt that I had enrolled in some sort of class and the instructor took it upon himself to make me out to be the example of everyone else in the class. The teacher had black, straight hair and appeared to be from

Alaska. The entire class planned a trip to Alaska and I told him that I was very excited about meeting the Natives in Alaska.

Meanings: Seeing a teacher in your dream, suggests that you are seeking some advice, guidance, or knowledge. You are heading into a new path in life and ready to learn by example or from a past experience.

Interpretation: I believe this dream had something to do with me taking on this quest. I was exploring new territory. Since I'd never been to Alaska, I believe Alaska represented unfamiliar territory.

11/17/08 | Denver - I dreamt that I was on a battle field and a US. soldier was walking towards me. His gun was aimed at another US. soldier. I grabbed the end of his rifle, pushed it up in the air and pushed the soldier backwards. I yelled "STOP!" This stopped him from firing his weapon.

Meanings: Dreaming that you are on a battlefield, represents some major conflict occurring in your waking life. It may indicate a new situation, new problem or new relationship which you need to solve and conquer. Seeing a soldier in your dream means you may be preparing

yourself to do battle over an issue and defend your values and opinions. Dreaming that someone is shooting a gun, suggests some confrontation in your waking life.

Interpretation: I believe the battlefield was the conflict within myself as to whether or not I should move forward with this project. Since the gun was in someone else's hands and aimed at a person other than myself, I believe this part of the dream expresses how I view the world and how no matter who a gun is aimed at, they're always aimed at a fellow man.

11/19/08 | Denver - I dreamt that my mother and I were standing on the back porch of the house that I grew up in. My father and another man were standing out in the yard. I didn't recognize this other man. Suddenly, a thunderstorm appeared out of nowhere and my father was running around the yard, dodging lightning. He ran up onto the porch and as he did, I was struck by lightning in the back of my head. The lightning spread and caught the ceiling above our heads on fire. The three of us struggled to put the fire out, which we did with complete success. I could feel the back of my head burning from where the lightning struck me.

Meanings: Dreaming that you are struck by lightning, symbolizes irreversible changes occurring in your life. It is a transformation of sorts. Seeing a ceiling in your dream, represents a mental or spiritual perspective. To see fire in your dream can symbolize passion, desire, illumination, transformation, enlightenment or anger. Dreaming that you put out a fire means that you will overcome your obstacles in your life through much work and effort.

Interpretation: Personally, I believe something very magical happened during this dream. I've never dreamed of getting struck by lightning before. When I woke up I felt like I had completed some sort of initiation.

11/24/08 | Denver - My dreams continued to center around school. I dreamt that I was outside

and directly overhead was a really dark cloud that stretched out to both horizons. Coming from this cloud was a loud, continuous roar of thunder. As the thunder roared across the sky, I began running across a parking lot, try desperately to avoid the lightning. I eventually made it across the parking lot and into a near-by building. Once inside I discovered that I had entered an elementary school. And as soon as I walked in the door I came upon a water fountain, where I got a drink of water.

Meanings: Seeing menacing or stormy clouds in your dream indicates an impending eruption of emotions. It also represents a lack of wisdom or confusion in some situation. Hearing thunder in your dream means a violent eruption of anger and aggression. Alternatively, it is an indication that you need to pay attention and learn an important life lesson. Dreaming that you are in parking lot, suggests that you need to slow down and take some time to relax from your daily activities. Dreaming that you are in school means feelings of inadequacy and childhood insecurities that have never been resolved. It may relate to anxieties about performance and abilities. You may also be going through a "spiritual learning" experience. Seeing a fountain in your dream, represents great joy, renewed pleasure and/or increased sensitivity. You may be entering into a new relationship.

Interpretation: I believe this dream is about the anger and confusion I experienced leading up to my decision to take on this quest. The school represents a spiritual learning experience. The water fountain at the end of the dream represents the joy and renewed pleasure experienced in my decision to move forward. Perhaps the new relationship is with Christ, or someone I haven't met yet.



11/27/08 | Kansas City - I had a dream that people were rushing around saying that whoever figured out the "360" mystery, would win a million dollars.

Meanings: Seeing or winning money in your dream, symbolizes that success and prosperity is within your reach.

Money may represent confidence, self-worth, success, or values. You have much belief in yourself. Alternatively, dreaming about money, refers to your attitudes about love and matters of the heart. It is frequently a symbol for sexuality and power.

Interpretation: I believe this dream meant that once I completed this quest, I would be successful and prosperous.

11/28/08 - 12/19/08 - Most dreams during my time in North Carolina were family related.

12/20/08 | Chattanooga - I had a dream that I was flying, while at the same time singing an old hymnal from my childhood, "How Great Thou Art."

Meanings: Dreaming that you are flying means a sense of freedom where you had initially felt restricted and limited.

Lyrics: O Lord my God, When I in awesome wonder, Consider all the worlds Thy Hands have made; I see the stars, I hear the rolling thunder, Thy power throughout the universe displayed.

Then sings my soul, My Savior God, to Thee How great Thou art, How great Thou art. When through the woods, and forest glades I wander, And hear the birds sing sweetly in the trees.

When I look down, from lofty mountain grandeur And see the brook, and feel the gentle

breeze. Then sings my soul, My Savior God, to Thee, How great Thou art, How great Thou art.

And when I think, that God, His Son not sparing; Sent Him to die, I scarce can take it in; That on the Cross, my burden gladly bearing, He bled and died to take away my sin. Then sings my

soul, My Savior God, to Thee, How great Thou art, How great Thou art. When Christ shall come, with shout of acclamation, And take me home, what joy shall fill my heart. Then I shall bow, in humble adoration, And then proclaim: "My God, how great Thou art!" Then sings my soul, My Savior God, to Thee, How great Thou art, How great Thou art.

Interpretation: I think this speaks for itself.

12/22/08 | Opelika - I had a dream that I was walking down a wide, rocky stream. All of the sudden a salmon jumped out of the water and started flopping its way down the stream. As I chased it I discovered a group of hyenas following a small baby, as if they were going to attack it and eat it. I grabbed the baby, scared off the hyenas and started yelling for help.

Meanings: Seeing a stream in your dream means that you will come upon a flow of fresh and profound ideas. Seeing a salmon in your dream, represents determination. You are able to overcome adversity and achieve success. Alternatively, it suggests that you are comfortable with expressing your emotions and dealing with them. Seeing a hyena in your dream, suggests that you are overwhelmed with responsibilities. You feel that someone is relying on you too much. Dreaming of a baby in your dream means innocence, warmth and new beginnings. Babies may symbolize something in your own inner nature which is pure, vulnerable, and/or uncorrupted.

Interpretation: I believe this dream was a clear explanation of where I was and what I was feeling during this particular point in my journey. I had several new insights and at times felt overwhelmed by them all. The baby represented the innocence in which I attempted to hold on to during my journey.



The following **insights** came to me between November 17 - December 28, 2008.

11/19/08 | Denver - I came across the following quotes from the book "*The Game of Life and How To Play It*" which I read during my 2005 cross-country trip to Portland, Oregon.

1. There is a place that you are to fill that no one else can fill, something you are to do, which no one else can do.
2. If you give hate, you will receive hate; if you give love, you will receive love; if you criticize, you will receive criticism; if you lie, you will be lied to; if you cheat, you will be cheated. Whatsoever a man soweth that shall he also reap. The Game of Life is a game of boomerangs. Man's thoughts, deeds and words, return to him sooner or later, with astounding accuracy.
3. We must substitute faith for fear, for fear is only inverted faith; it is faith in evil instead of good.
4. Look with wonder at that which is before you.
5. Faith is the substance of things hoped for, the evidence of things not seen.
6. Real love is selfless and free from fear. It pours itself out upon the object of its affection, without demanding any return. Its joy is in the joy of giving. Love is God in

manifestation, and the strongest magnetic force in the universe. Pure, unselfish love draws to itself its own; it does not need to seek or demand. - *The Game of Life and How To Play It, By Florence Scovel-Shinn*



11/28/08 | North Carolina - I arrived in North Carolina on Friday, November 28, at 8:00 PM, and right before I reached the state line, I decided to switch over from my CD player, to the radio. It was the first time throughout my entire trip that I had turned on the radio. As I scanned the local radio stations, the first station that came through was a country music station. The song playing was Carrie Underwood's "Jesus Take The Wheel." The song was perfect for my arrival into North Carolina. Within the first few miles, after crossing the state line, I noticed several dead animals lying on the side of the highway. I saw everything ranging from a dog to a raccoon, to a dead deer. It was an eerie site. As soon as "Jesus Take The Wheel" ended, I flipped the radio to the next station and it stopped on a local NPR station. I decided to pause for a moment and listen to the latest news. The news reporter was telling about the death of a WalMart employee in Long Island. Apparently, the WalMart employee had been trampled to death by a large group of shoppers trying to take advantage of holiday sales. Coupled with the dead animals and the Walmart employee, the message of "Death" came to mind. After seeing the Eagle and the Wild Turkey earlier in the day, I had a strange feeling that this trip to North Carolina would be a significant transformation, but something I would not realize for several months later.

Death: Death often represents an important ending that will initiate great change. It signals the end of an era; a moment when a door is closing. At such times, there may be sadness and

reluctance, but also relief and a sense of completion. Death also suggests getting down to basics. Dying has a way of making you concentrate on what's important. Death can also mean you will experience an inexorable force. Death is inevitable, and sometimes there are events that are inescapable as well. When these moments occur, the best approach is to ride your fate and see where it takes you.

12/13/08 | North Carolina - My own life's journey had revealed the following to me, which I was lead to believe at this stage in my life: We are all, each one of us, on our own personal journey of discovery. Some of us have been here before. For some of us, this is our first visit. Before we arrive on the planet we choose the family we wish to be born into and decide on a list of life lessons, which we want to accomplish during our time here on earth. Some of us choose to visit earth for a day, while others choose to stay for many, many years. Everything that makes up our individuality, including our personality traits, sexual orientation, race, personal weaknesses and strengths, desired accomplishments and personal challenges, are all encoded in our genes and our life's blueprint.

Once our blueprint is complete, we are given life and then set out on our journey. Our souls travel in groups of 7 or more. Some members of our soul group remain on the other side, where they help guide us along our journey. They have a copy of our blueprint and are there to support us and to make sure we accomplish the things we come here to learn. These soul group members are known as our "Spirit Guides" and "Teachers".

Various aspects of our lives are predestined, while other aspects are subject to free will. Prayer, meditation and faith allows free will to rewrite our blueprint, and change the course of our lives at any given moment. Our thoughts and intentions work directly with our blueprint to

create our realities. Through the complexity of knowing other souls, we are forced to learn about unconditional love. Unconditional love, coupled with taking responsibility for our own actions, is the basis for all life lessons. Jesus, among other ascended masters, perfected unconditional love.

God does not judge us, we judge ourselves. God does not show favorites during times of war, in fact, God isn't present during those times. God does not have a favorite country, race, culture, religion or group of people. God does not decide who lives or dies during natural disasters. Those things are decided in a soul's blueprint, before that's soul incarnation. God allows us to be and then sits back and absorbs all of the blame, which we create when things go wrong in our lives. God is pure unconditional love.

It is important that while we live out our life, we remain attached to our faith and our higher-self. Our higher-self is honest, pure and free from ego. Maintaining a constant connection with our higher-self allows us to keep a firm connection to the spirit world, our home in heaven. Heaven is where each and every soul returns once they've completed their journey on earth. We must be prepared to detach ourselves from our physical body and the earth, at any given moment. It's important to steer clear of personal addictions, for these things have the potential of keeping our souls bound to the earth plane, after our physical body expires.

We must be careful to choose a faith that is free from fear and judgment, for these things are not healthy for the individual, nor the collective. We must create love with our thoughts, our hearts and our intentions and not think in limited ways, for these thoughts also have a tremendous effect on the individual, and the collective. We are all, each one of us, capable of great things. Collectively, we are able to change the fate of our planet and all of it's inhabitants.

12/17/08 | North Carolina - The feeling of Déjà vu is not "I've been here before!" It is "This is where I'm supposed to be. I'm on track with my life's blueprint".



102/23/08 | New Orleans - "Witchcraft, in various historical, anthropological, religious and mythological contexts, is the use of certain kinds of supernatural or magical powers in order to inflict harm or damage upon members of a community or their property". Some aspects of Christianity and other religions, when used improperly, can become their own form of witchcraft. Any faith that is based on fear, hatred and destruction to other human beings is it's own form of witchcraft.`

12/24/08 | San Antonio - Souls are entering and exiting the earth at a rapid rate. Our intentions and actions are changing the environment in which we live, and collectively we are making an imprint on the Earth. There is no coincidence in the timing of these events. Everyone and everything is exactly where they're supposed to be. Some souls are here to plant forests and trees, while others are here to cut them down. Many souls do not realize how clearing a forest for another pasture, strip mall, highway or housing development effects the planet. Some souls are here to clean the air and water, while others are here to pollute it. Some souls are here to preserve life, while others are here to destroy it. Some souls are here to throw rocks at their enemies, while other souls are here to stop the traditions of their fathers, and set their people on a new path.

12/25/08 | San Antonio to Amarillo - The moment before we are born, we are innocent and completely unaffected by man's history. The moment we take our first breath, we breathe in all

of the history and drama associated with our family, and all of mankind. It's no wonder that we cry. It is this history and tradition, which is projected onto to us, that prevents us from experiencing real freedom. If only we could remove ourselves' from our history and explore life and all of it's wonder through the eyes of an unborn child. Our experiences on Earth would be completely different.